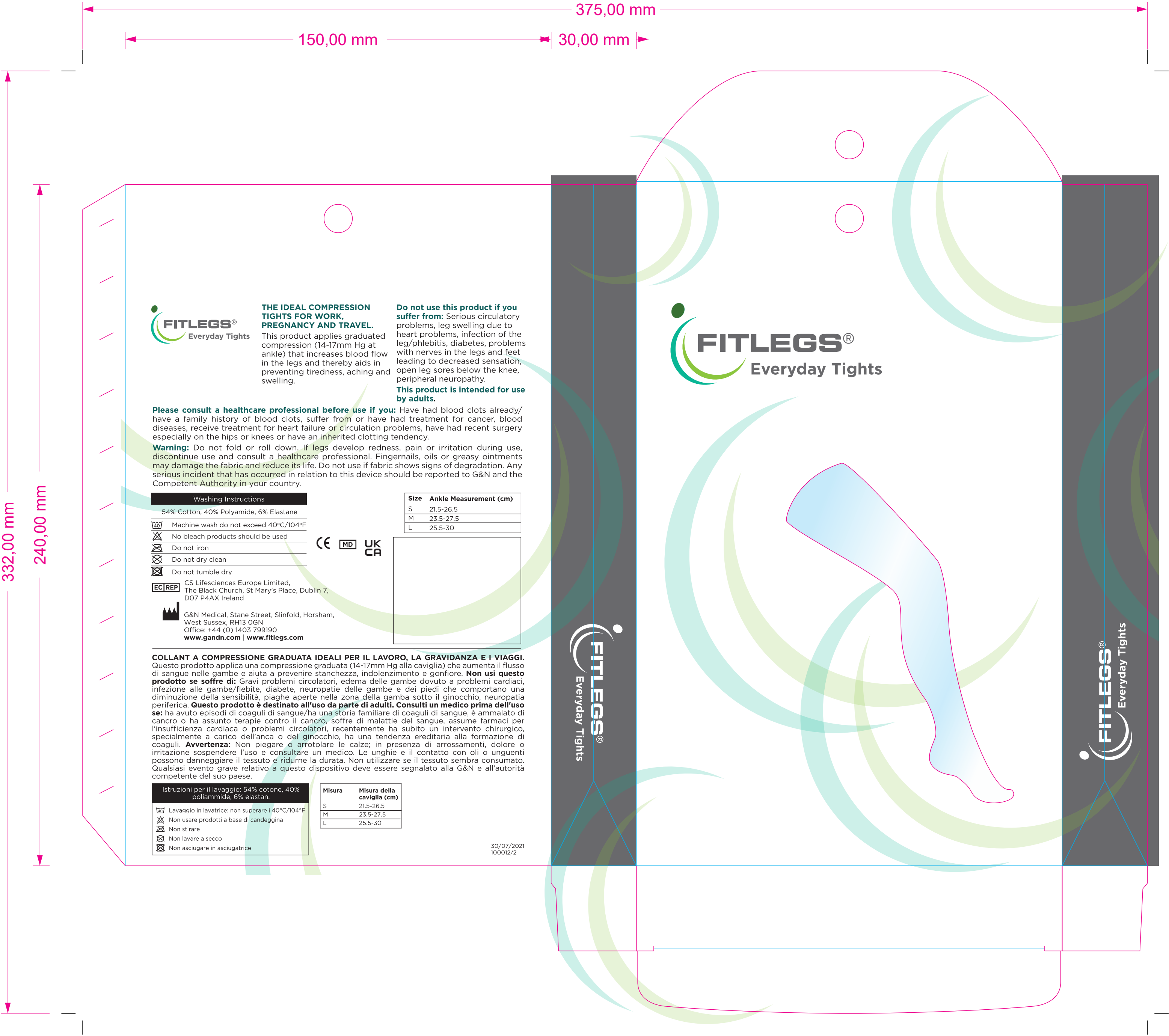




**THE IDEAL COMPRESSION
TIGHTS FOR WORK,
PREGNANCY AND TRAVEL.**

This product applies graduated compression (14-17mm Hg at ankle) that increases blood flow in the legs and thereby aids in preventing tiredness, aching and swelling.

Do not use this product if you suffer from: Serious circulatory problems, leg swelling due to heart problems, infection of the leg/phlebitis, diabetes, problems with nerves in the legs and feet leading to decreased sensation, open leg sores below the knee, peripheral neuropathy.

This product is intended for use by adults.

Please consult a healthcare professional before use if you: Have had blood clots already/ have a family history of blood clots, suffer from or have had treatment for cancer, blood diseases, receive treatment for heart failure or circulation problems, have had recent surgery especially on the hips or knees or have an inherited clotting tendency.

Warning: Do not fold or roll down. If legs develop redness, pain or irritation during use, discontinue use and consult a healthcare professional. Fingernails, oils or greasy ointments may damage the fabric and reduce its life. Do not use if fabric shows signs of degradation. Any serious incident that has occurred in relation to this device should be reported to G&N and the Competent Authority in your country.

Washing Instructions

54% Cotton, 40% Polyamide, 6% Elastane

Machine wash do not exceed 40°C/104°F

No bleach products should be used

Do not iron

Do not dry clean

Do not tumble dry

CS Lifesciences Europe Limited,
The Black Church, St Mary's Place, Dublin 7,
D07 P4AX Ireland

G&N Medical, Stane Street, Slinfold, Horsham,
West Sussex, RH13 0GN
Office: +44 (0) 1403 799190
www.gandn.com | www.fitlegs.com



Size	Ankle Measurement (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30

COLLANT A COMPRESSIONE GRADUATA IDEALI PER IL LAVORO, LA GRAVIDANZA E I VIAGGI. Questo prodotto applica una compressione graduata (14-17mm Hg alla caviglia) che aumenta il flusso di sangue nelle gambe e aiuta a prevenire stanchezza, indolenzimento e gonfiore. **Non usi questo prodotto se soffri di:** Gravi problemi circolatori, edema delle gambe dovuto a problemi cardiaci, infezione alle gambe/flebite, diabete, neuropatie delle gambe e dei piedi che comportano una diminuzione della sensibilità, piaghe aperte nella zona della gamba sotto il ginocchio, neuropatia periferica. **Questo prodotto è destinato all'uso da parte di adulti. Consulti un medico prima dell'uso se:** ha avuto episodi di coaguli di sangue/ha una storia familiare di coaguli di sangue, è ammalato di cancro o ha assunto terapie contro il cancro, soffre di malattie del sangue, assume farmaci per l'insufficienza cardiaca o problemi circolatori, recentemente ha subito un intervento chirurgico, specialmente a carico dell'anca o del ginocchio, ha una tendenza ereditaria alla formazione di coaguli. **Avvertenza:** Non piegare o arrotolare le calze; in presenza di arrossamenti, dolore o irritazione sospendere l'uso e consultare un medico. Le unghie e il contatto con oli o unguenti possono danneggiare il tessuto e ridurne la durata. Non utilizzare se il tessuto sembra consumato. Qualsiasi evento grave relativo a questo dispositivo deve essere segnalato alla G&N e all'autorità competente del suo paese.

Istruzioni per il lavaggio: 54% cotone, 40% poliammide, 6% elasthan.

Lavaggio in lavatrice: non superare i 40°C/104°F

Non usare prodotti a base di candeggina

Non stirare

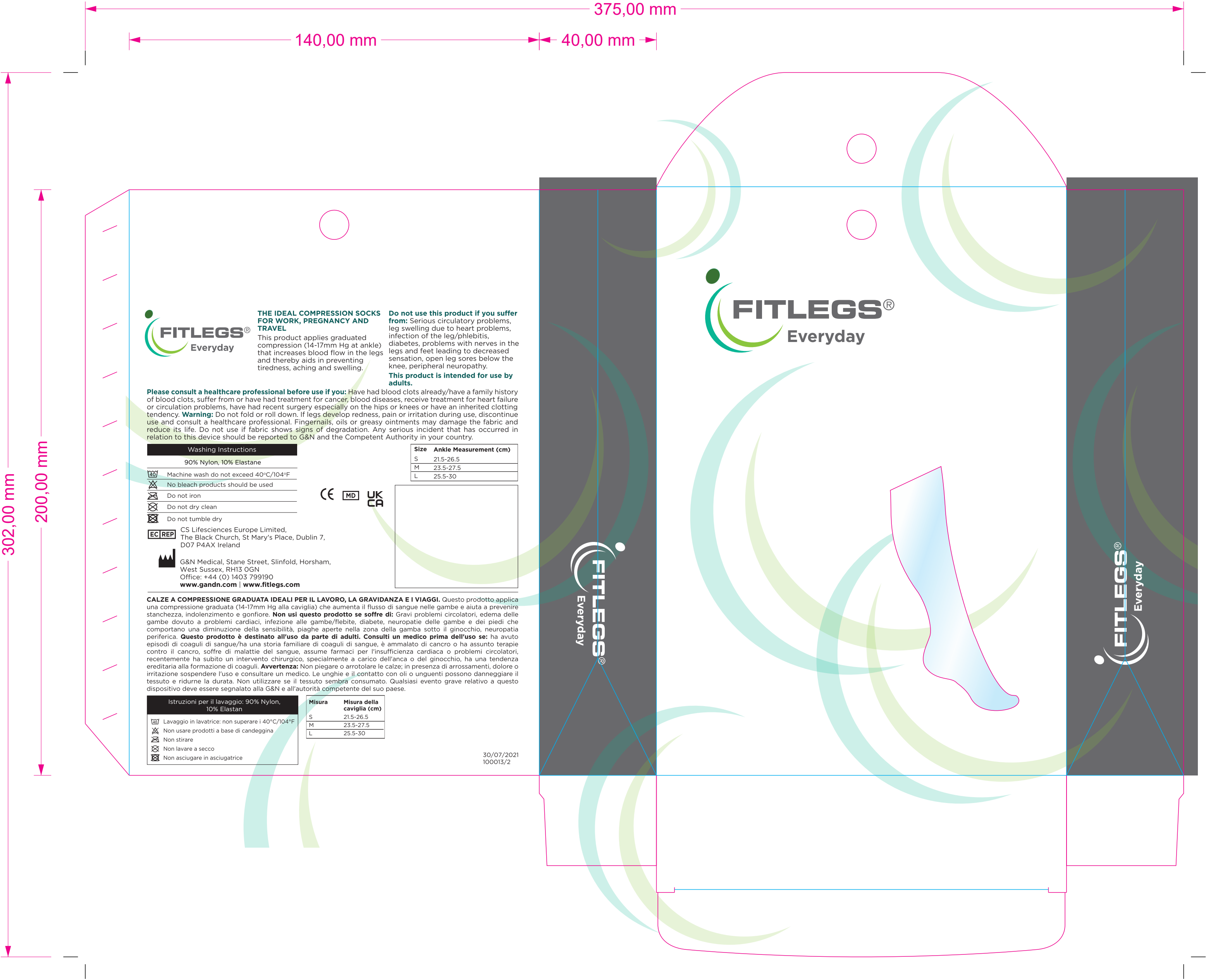
Non lavare a secco

Non asciugare in asciugatrice

Misura	Misura della caviglia (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30

30/07/2021
100012/2





THE IDEAL COMPRESSION SOCKS FOR WORK, PREGNANCY AND TRAVEL

This product applies graduated compression (14-17mm Hg at ankle) that increases blood flow in the legs and thereby aids in preventing tiredness, aching and swelling.

Do not use this product if you suffer from: Serious circulatory problems, leg swelling due to heart problems, infection of the leg/phlebitis, diabetes, problems with nerves in the legs and feet leading to decreased sensation, open leg sores below the knee, peripheral neuropathy.

This product is intended for use by adults.

Please consult a healthcare professional before use if you: Have had blood clots already/have a family history of blood clots, suffer from or have had treatment for cancer, blood diseases, receive treatment for heart failure or circulation problems, have had recent surgery especially on the hips or knees or have an inherited clotting tendency. **Warning:** Do not fold or roll down. If legs develop redness, pain or irritation during use, discontinue use and consult a healthcare professional. Fingernails, oils or greasy ointments may damage the fabric and reduce its life. Do not use if fabric shows signs of degradation. Any serious incident that has occurred in relation to this device should be reported to G&N and the Competent Authority in your country.

Washing Instructions

- 90% Nylon, 10% Elastane
- Machine wash do not exceed 40°C/104°F
 - No bleach products should be used
 - Do not iron
 - Do not dry clean
 - Do not tumble dry

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The Black Church, St Mary's Place, Dublin 7,
D07 P4AX Ireland

G&N Medical, Stane Street, Slinfold, Horsham,
West Sussex, RH13 0GN
Office: +44 (0) 1403 799190
www.gandn.com | www.fitlegs.com

CALZE A COMPRESSIONE GRADUATA IDEALI PER IL LAVORO, LA GRAVIDANZA E I VIAGGI. Questo prodotto applica una compressione graduata (14-17mm Hg alla caviglia) che aumenta il flusso di sangue nelle gambe e aiuta a prevenire stanchezza, indolenzimento e gonfiore. **Non usi questo prodotto se soffri di:** Gravi problemi circolatori, edema delle gambe dovuto a problemi cardiaci, infezione alle gambe/flebite, diabete, neuropatie delle gambe e dei piedi che comportano una diminuzione della sensibilità, piaghe aperte nella zona della gamba sotto il ginocchio, neuropatia periferica. **Questo prodotto è destinato all'uso da parte di adulti. Consulti un medico prima dell'uso se:** ha avuto episodi di coaguli di sangue/ha una storia familiare di coaguli di sangue, è ammalato di cancro o ha assunto terapie contro il cancro, soffre di malattie del sangue, assume farmaci per l'insufficienza cardiaca o problemi circolatori, recentemente ha subito un intervento chirurgico, specialmente a carico dell'anca o del ginocchio, ha una tendenza ereditaria alla formazione di coaguli. **Avvertenza:** Non piegare o arruolare le calze, in presenza di arrossamenti, dolore o irritazione sospendere l'uso e consultare un medico. Le unghie e il contatto con oli o unguenti possono danneggiare il tessuto e ridurne la durata. Non utilizzare se il tessuto sembra consumato. Qualsiasi evento grave relativo a questo dispositivo deve essere segnalato alla G&N e all'autorità competente del suo paese.

Istruzioni per il lavaggio: 90% Nylon, 10% Elastan

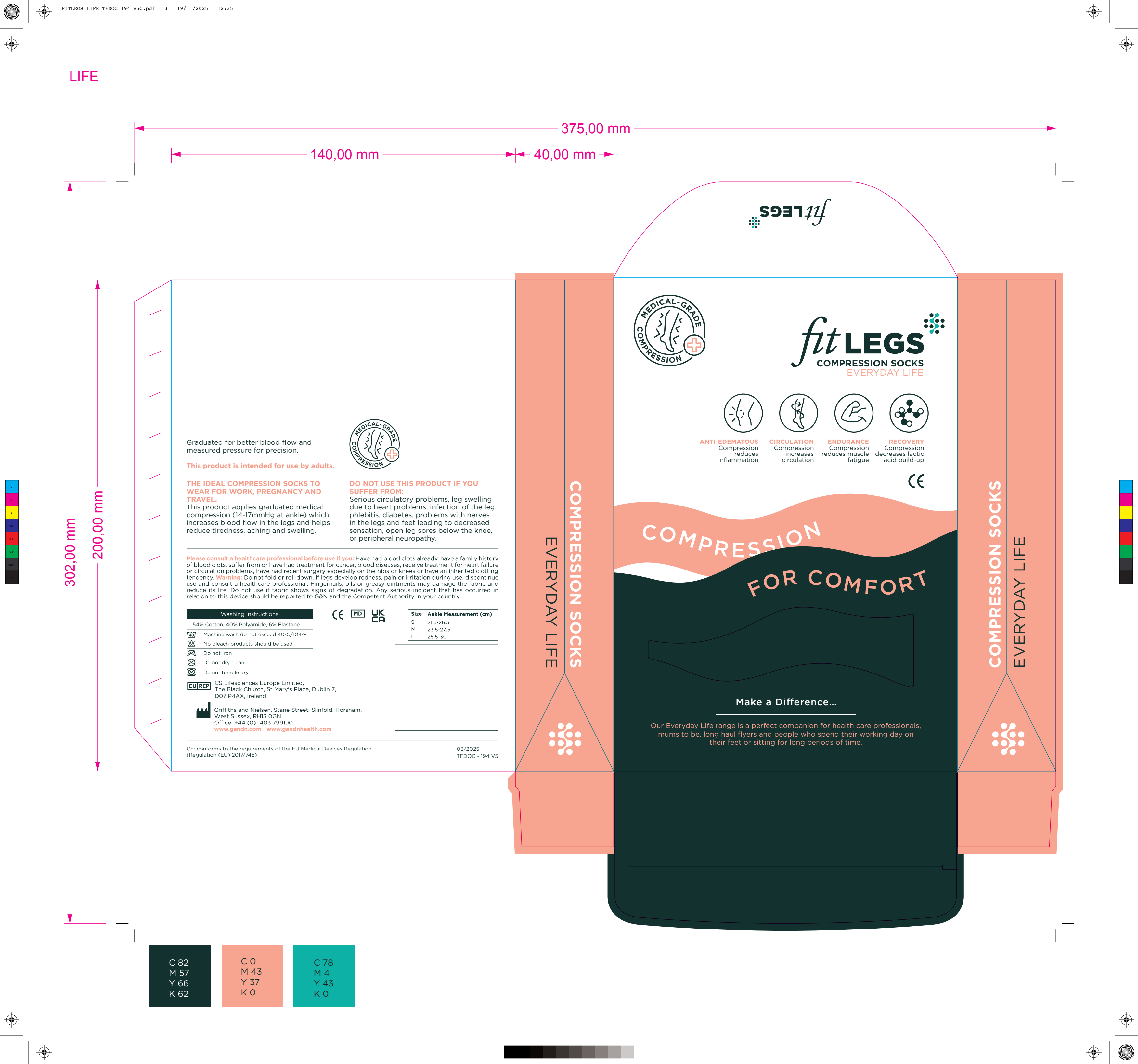
- Lavaggio in lavatrice: non superare i 40°C/104°F
- Non usare prodotti a base di candeggina
- Non stirare
- Non lavare a secco
- Non asciugare in asciugatrice

Misura	Misura della caviglia (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30

Size	Ankle Measurement (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30



30/07/2021
100013/2



LIFE

375,00 mm

140,00 mm

40,00 mm

302,00 mm

200,00 mm

Graduated for better blood flow and measured pressure for precision.

This product is intended for use by adults.

THE IDEAL COMPRESSION SOCKS TO WEAR FOR WORK, PREGNANCY AND TRAVEL.

This product applies graduated medical compression (14-17mmHg at ankle) which increases blood flow in the legs and helps reduce tiredness, aching and swelling.



DO NOT USE THIS PRODUCT IF YOU SUFFER FROM:
Serious circulatory problems, leg swelling due to heart problems, infection of the leg, phlebitis, diabetes, problems with nerves in the legs and feet leading to decreased sensation, open leg sores below the knee, or peripheral neuropathy.

Please consult a healthcare professional before use if you: Have had blood clots already, have a family history of blood clots, suffer from or have had treatment for cancer, blood diseases, receive treatment for heart failure or circulation problems, have had recent surgery especially on the hips or knees or have an inherited clotting tendency. **Warning:** Do not fold or roll down. If legs develop redness, pain or irritation during use, discontinue use and consult a healthcare professional. Fingernails, oils or greasy ointments may damage the fabric and reduce its life. Do not use if fabric shows signs of degradation. Any serious incident that has occurred in relation to this device should be reported to G&N and the Competent Authority in your country.

Washing Instructions

54% Cotton, 40% Polyamide, 6% Elastane

- Machine wash do not exceed 40°C/104°F
- No bleach products should be used
- Do not iron
- Do not dry clean
- Do not tumble dry

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The Black Church, St Mary's Place, Dublin 7,
D07 P4AX, Ireland

Griffiths and Nielsen, Stane Street, Slinfold, Horsham,
West Sussex, RH13 0GN
Office: +44 (0) 1403 799190
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(Regulation (EU) 2017/745)

03/2025
TFDOC - 194 V5

C 82
M 57
Y 66
K 62

C 0
M 43
Y 37
K 0

C 78
M 4
Y 43
K 0

RECOVERY



Graduated for better blood flow and measured pressure for precision

This product is intended for use by adults.

THE IDEAL COMPRESSION SOCKS TO WEAR AFTER EXERCISE.

This product applies graduated medical compression (14-17mmHg at ankle) which improves blood flow in the legs and helps reduce tiredness, aching and swelling which enables you to exercise for longer and recover faster.



DO NOT USE THIS PRODUCT IF YOU SUFFER FROM:

Serious circulatory problems, leg swelling due to heart problems, infection of the leg, phlebitis, diabetes, problems with nerves in the legs and feet leading to decreased sensation, open leg sores below the knee, or peripheral neuropathy.

Please consult a healthcare professional before use if you: Have had blood clots already, have a family history of blood clots, suffer from or have had treatment for cancer, blood diseases, receive treatment for heart failure or circulation problems, have had recent surgery especially on the hips or knees or have an inherited clotting tendency. **Warning:** Do not fold or roll down. If legs develop redness, pain or irritation during use, discontinue use and consult a healthcare professional. Fingernails, oils or greasy ointments may damage the fabric and reduce its life. Do not use if fabric shows signs of degradation. Any serious incident that has occurred in relation to this device should be reported to G&N and the Competent Authority in your country.

Washing Instructions	
50% Bamboo, 44% Polyamide, 6% Elastane	
	Machine wash do not exceed 40°C/104°F
	No bleach products should be used
	Do not iron
	Do not dry clean
	Do not tumble dry

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D07 P4AX, Ireland

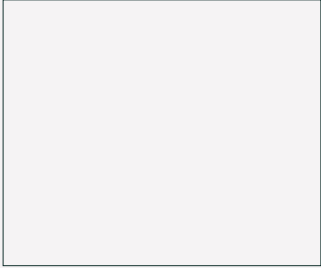


Griffiths and Nielsen, Stane Street, Slinfold, Horsham,
West Sussex, RH13 0GN
Office: +44 (0) 1403 799190
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03/2025
TFDOC - 278 V3

Size	Ankle Measurement (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30



fit LEGS
COMPRESSION SOCKS
RECOVERY



ANTI-EDEMATOUS
Compression
reduces
inflammation



CIRCULATION
Compression
increases
circulation



ENDURANCE
Compression
reduces muscle
fatigue



RECOVERY
Compression
decreases lactic
acid build-up



COMPRESSION
FOR RECOVERY

Make a Difference...

Our Recovery range is a perfect companion for people who want
to improve recovery after strenuous exercise.

COMPRESSION SOCKS



COMPRESSION SOCKS

RECOVERY



SPORT



Graduated for better blood flow and measured pressure for precision.

This product is intended for use by adults.

THE IDEAL COMPRESSION SOCKS TO WEAR FOR EXERCISE.

This product applies graduated compression (18-24mmHg at ankle) which improves blood flow in the legs, enabling you to exercise for longer and improve performance.



DO NOT USE THIS PRODUCT IF YOU SUFFER FROM:

Serious circulatory problems, leg swelling due to heart problems, infection of the leg, phlebitis, diabetes, problems with nerves in the legs and feet leading to decreased sensation, open leg sores below the knee, or peripheral neuropathy.

Please consult a healthcare professional before use if you: Have had blood clots already, have a family history of blood clots, suffer from or have had treatment for cancer, blood diseases, receive treatment for heart failure or circulation problems, have had recent surgery especially on the hips or knees or have an inherited clotting tendency. **Warning:** Do not fold or roll down. If legs develop redness, pain or irritation during use, discontinue use and consult a healthcare professional. Fingernails, oils or greasy ointments may damage the fabric and reduce its life. Do not use if fabric shows signs of degradation. Any serious incident that has occurred in relation to this device should be reported to G&N and the Competent Authority in your country.

Washing Instructions	
95% Polyamide, 5% Elastane	
	Machine wash do not exceed 40°C/104°F
	No bleach products should be used
	Do not iron
	Do not dry clean
	Do not tumble dry

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03/2025
TFDOC - 195 V5

Size	Ankle Measurement (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30



fitLEGS
COMPRESSION SOCKS
SPORT



ANTI-EDEMATOUS
Compression
reduces
inflammation



CIRCULATION
Compression
increases
circulation



ENDURANCE
Compression
reduces muscle
fatigue



RECOVERY
Compression
decreases lactic
acid build-up



COMPRESSION
FOR PERFORMANCE

Make a Difference...

Our Sport range is a perfect companion for people who want to improve performance, increase endurance and reduce the risk of injury during exercise.

SPORT



COMPRESSION SOCKS

SPORT





GRADUATED FOR BETTER BLOOD FLOW AND MEASURED PRESSURE FOR PRECISION.



This product is intended for use by adults.

THE IDEAL COMPRESSION SOCKS TO WEAR FOR WORK, PREGNANCY AND TRAVEL.

This product applies graduated medical compression (14-17mmHg at the ankle) which increases blood flow in the legs and helps reduce tiredness, aching and swelling. Made with a soft bamboo blend for comfortable everyday wear.

DO NOT USE THIS PRODUCT IF YOU SUFFER FROM:

Serious circulatory problems, leg swelling due to heart problems, infection of the leg, phlebitis, diabetes, problems with nerves in the legs and feet leading to decreased sensation, open leg sores below the knee, or peripheral neuropathy.

Please consult a healthcare professional before use if you: Have had blood clots already, have a family history of blood clots, suffer from or have had treatment for cancer, blood diseases, receive treatment for heart failure or circulation problems, have had recent surgery especially on the hips or knees or have an inherited clotting tendency. **Warning:** Do not fold or roll down. If legs develop redness, pain or irritation during use, discontinue use and consult a healthcare professional. Fingernails, oils or greasy ointments may damage the fabric and reduce its life. Do not use if fabric shows signs of degradation. Any serious incident that has occurred in relation to this device should be reported to G&N and the Competent Authority in your country.

Washing Instructions

54% Viscose Bamboo 40% Polyamide 6% Elastane

- Machine wash do not exceed 40°C/104°F
- No bleach products should be used
- Do not iron
- Do not dry clean
- Do not tumble dry

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Office: +44 (0) 1403 799190
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TFDOC-346



Size	Ankle Measurement (cm)
S	21.5-26.5
M	23.5-27.5
L	25.5-30

COMPRESSION SOCKS
SUSTAINABLE BAMBOO

COMPRESSION SOCKS
SUSTAINABLE BAMBOO

COMPRESSION SOCKS
SUSTAINABLE BAMBOO



- ANTI-INFLAMMATION**
Compression reduces swelling
- CIRCULATION**
Compression increases circulation
- ENDURANCE**
Compression reduces muscle fatigue
- RECOVERY**
Compression decreases lactic acid build-up



Make a Difference...

Everyday Life Naturals is our modern, premium take on everyday compression — crafted with a soft bamboo blend for a more sustainable yarn. Ideal for health care professionals, mums-to-be, long-haul flyers and anyone on their feet or sitting for long periods of time...