FITLEGS HCP Information Sheet

FITLEGS®

Step by Step Measuring Guide

Step 1. Measure ankle circumference in centimeters (cm) Two-fingers width above ankle bone

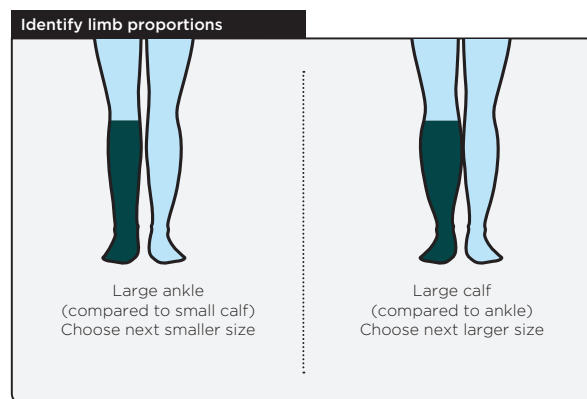Step 2. Check ankle measurement chart for size

Step 3. Observe The Limb Proportions. Is the calf in proportion to the ankle? If No use limb proportions graphic to determine size.

Step 4. Are you fitting thigh length or below knee? If Thigh Length, Check suitability. Measure the widest part of the thigh in centimeters (cm). Is this greater than the maximum thigh circumference indicated in the sizing chart? If yes, use below knee.

Step 5. Fit size as indicated. Ensuring that the heel patch is under the base of the foot.

Step 6. Record chosen size and document in notes.

Step 7. Re-check patient measurements and fitting regularly. Stockings should be removed once in every 24 hours for a maximum of half an hour (for washing the feet, checking the pressure areas and double checking the measurement).

Identify limb proportions

Large ankle (compared to small calf) Choose next smaller size

Large calf (compared to ankle) Choose next larger size

Contra-Indications

FITLEGS™ AES may not be suitable for use if you suffer from any of the following:
1) Severe peripheral vascular disease.
2) Severe dermatitis.
3) Gross oedema/oedema of the legs.
4) Deformity of the legs.
5) Peripheral neuropathy.
6) Recent skin graft.

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FITLEGS® AES — Suitability Check

Ankle measurement	Size	BELOW KNEE NHS Code	BELOW KNEE Order Code	THIGH NHS Code	THIGH Order Code	Maximum Thigh Circumference
16 - 19cm	Slimline	EGD9095	403002			
19 - 23cm	Small	EGD8322	401000	EGD8326	401004	65cm
23 - 26cm	Medium	EGD8323	401001	EGD8327	401005	70cm
26 - 29cm	Large	EGD8324	401002	EGD8328	401006	78cm
29 - 33cm	Ex-Large	EGD8325	401003	EGD8329	401007	82cm
33 - 35cm	Bariatric	EGD8338	403000			

FITLEGS® AES GRIP — Suitability Check

Ankle measurement	Size	BELOW KNEE NHS Code	BELOW KNEE Order Code	THIGH NHS Code	THIGH Order Code	Maximum Thigh Circumference
16 - 19cm	Slimline	EGD9096	403003			
19 - 23cm	Small	EGD8330	402000	EGD8334	402004	65cm
23 - 26cm	Medium	EGD8331	402001	EGD8335	402005	70cm
26 - 29cm	Large	EGD8332	402002	EGD8336	402006	78cm
29 - 33cm	Ex-Large	EGD8333	402003	EGD8337	402007	82cm
33 - 35cm	Bariatric	EGD8339	403001			