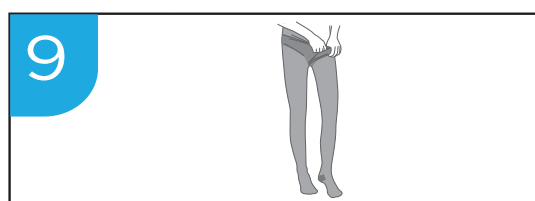
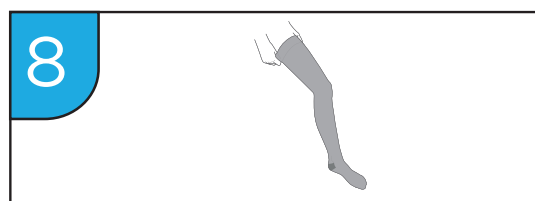
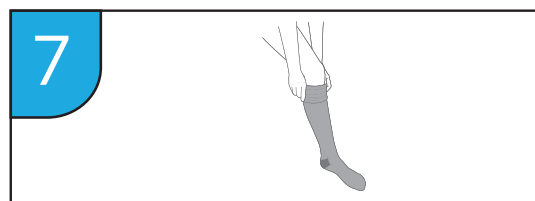
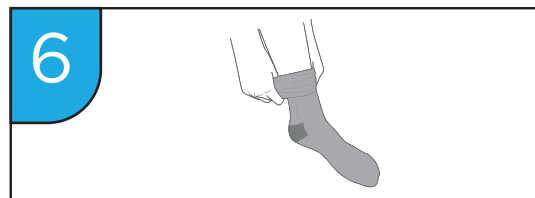
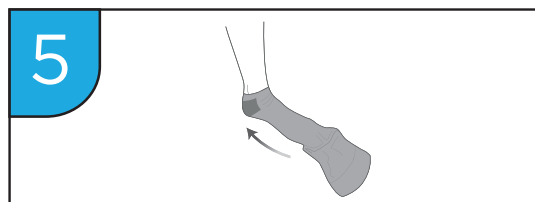
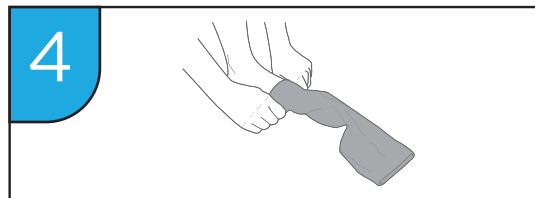
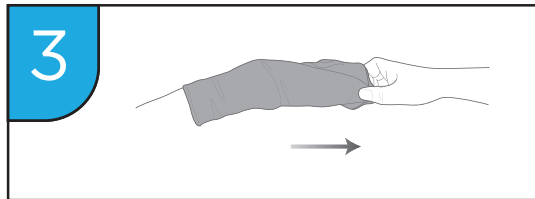
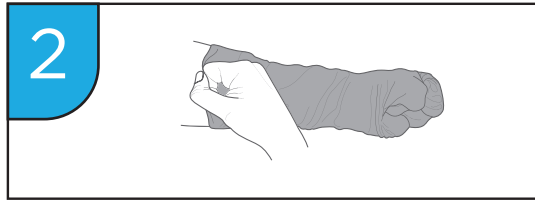
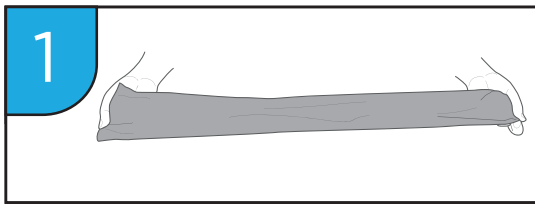


FITLEGS 2 (23-32mmHg) Fitting Instructions



Insert hand into stocking as far as the heel pocket, firmly grasp centre of heel pocket (see illustrations 2 and 3) and keeping hold of heel, turn stocking inside out to the heel area.

Place stocking over the foot ensuring the heel patch is under the heel (see illustrations 4 and 5). Be careful not to damage the fabric with your fingernails.

Grasp the excess stocking at the front of the foot and apply the stocking over foot towards the heel and then onwards over the calf.

At this point ensure the dark heel patch is positioned underneath the base of the heel (see illustration 6).

The top band of the Below Knee stockings should sit two finger widths below the crease of your knee (see illustration 7)

Pull the remaining section over the knee and thigh, ensuring that the top band rests in the upper thigh area directly below the buttocks (see illustration 8)

Pull the remaining sections above the thigh and up and around the waist so that the top band is positioned on the hips comfortably (see illustration 9)

Check that you smooth out any wrinkles in the stocking and ensure the non-graduated knee area is in place, the heel is positioned correctly, and the toes are covered.